Tips for manifesting

DAY THREE: Taking down decorations for special events or holidays

After the celebrations and the sharing of good will during holiday events it's time to take down the colorful and festive decorations. Notice how the decorations strong colors of red, silver, gold, green and white in glittery shininess add an element to the environment. Once they are down you may notice how quiet and empty the space becomes.

Prior to un-decorating consider what you what to fill up this space with. Begin setting a conscious intention for bringing new life into an area that will be left vacant and void. Perhaps it will be a new plant, new photographs of the holidays, some new seasonal decorations. Know that if you leave this space vacant without knowing what you want to fill it with, it will still fill up with something, perhaps not asked for! Choose wisely for yourself and begin to think about what makes your "heart sing."

Notes, Drawings, Dreams

'I find it fascinating that most people plan their vacation with better care than they do their lives. Perhaps that is because escape is easier than change.' Jim Rohn

