

## FEELINGS - CONNECTING & BUILDING A VOCABULARY

Matching Words to explore Emotions when Needs, Values or Virtues are Met

<p>Calm Comfortable Compassionate Complacent Composed Contented Empathic Fulfilled Mellow Peaceful Satisfied Sensitive Serene Sympathetic Tranquil Warm</p>	<p>Affectionate Appreciative Appreciated Encouraged Glad Grateful Gratified Helpful Hopeful Interested Intrigued Involved Loving Moved Relieved Tender Thankful Touched Trusting</p>	<p>Amazed Astonished Astounded Dazzled Delighted Ecstatic Effervescent Elated Electrified Exuberant Joyful Joyous Jubilant Overjoyed Overwhelmed Playful Radiant Surprised</p>	<p>Adventurous Alert Alive Anticipating Animated Aroused Buoyant Carefree Concerned Confident Curious Eager Enthusiastic Focused Hopeful Inspired Open Proud Radiant Refreshed Secure Stimulated</p>	<p>Amused Blissful Breathless Cheerful Good humoured Happy Radiant Surprised Thrilled</p>
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